



Brittany Chidley, Psy.D

Licensed Psychologist 25950

Licensed Marital & Family Therapist 52285

Owner/ Director

I _____ [name of client] hereby consent to engaging in telemedicine with Brittany Chidley, Psy.D. as part of my therapy.

I understand that “telemedicine” includes the practice of health care delivery, diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. I understand that telemedicine also involves the communication of my medical/mental health information, both orally and visually, to health care practitioners located in California or outside of California.

I understand that I have the following rights with respect to telemedicine:

1. I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment nor risking the loss or withdrawal of any program benefits to which I would otherwise be entitled.
2. The laws that protect the confidentiality of my medical information also apply to telemedicine. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality. I will refer to the Informed Consent Contract for details regarding confidentiality. I also understand that the dissemination of any personally identifiable images or information from the telemedicine interaction to researchers or other entities shall not occur without my written consent.
3. I understand that there are risks and consequences from telemedicine, including, but not limited to, the possibility, despite reasonable efforts on the part of my other therapist, that: the transmission of my medical information could be disrupted or distorted by technical failures; the transmission of my medical information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons. In addition, I understand that telemedicine based services and care may not be as complete as face-to-face services. I also understand that if my therapist believes I would be better served by another form of therapeutic services (e.g. face-to-face services) I will be referred to a therapist who can provide such services in my area. Finally, I understand that there are potential risks and benefits associated with any form of therapy, and that despite my efforts and the efforts of my therapist, my condition may not be improve, and in some cases may even get worse.
4. I understand that I may benefit from telemedicine, but that results cannot be guaranteed or assured.
5. I understand that I have a right to access my medical information and copies of medical records in accordance with California law.

6. You understand there are risks and consequences from teletherapy, including, but not limited to:

- The possibility, despite reasonable efforts on my part, that: the transmission of your information could be disrupted or distorted by technical failures
- The transmission of your information could be interrupted by unauthorized persons; and/or the electronic storage of your medical information could be accessed by unauthorized persons.
- You are responsible for information security on your computer.

Please do not record our sessions. If you are having current hallucinations/delusions, severe thoughts of suicide or self harm, or extreme mood swings you may need more support than I can offer you through teletherapy, and I reserve the right to refer you to a different or more intensive treatment if I believe you exceed the level of care I can offer.

I, the client, consent to the above terms and agree to initiate treatment with Brittany Chidley, Psy.D.

Signature

Date